



UUCA Chalice Circles

Looking to connect more deeply with your UU faith and have some meaningful conversations? Join a Chalice Circle! These are monthly small-group gatherings where we dive into deep discussions, reflection, and sharing. It's all about practicing active listening and truly appreciating what each person brings to the table.

We follow the Soul Matters curriculum, exploring monthly themes like Invitation, Deep Listening, Presence, Inclusion, and more!

Here's a peek at what a typical Chalice Circle evening looks like:

- Social time (group dependant - some start with potluck snacks or just a friendly chat)
- Gathering by the facilitator
- Check-in with everyone
- Discussion on the monthly theme
- Sharing your thoughts
- A thoughtful closing

UUCA offers two types of Chalice Circles:

1. **Small Group Chalice Circles**

These meet in various neighborhoods or via Zoom, with around 10-12 members per group. The time and location are set by the group. Typically, there's a group check-in followed by a two-hour Soul Matters session. ***If you choose this option, you're committing to attend regularly.***

2. **Community-Wide Chalice Circles**

Held monthly at UUCA on select Friday nights, these are drop-in events with no long-term commitment required. The evening includes a social hour from 6-7 pm and a small-group session from 7-9 pm. We break into smaller groups for discussion in the sanctuary.

If you're not sure about committing to a specific group or have a busy, changing schedule, the Community-Wide Circles might be perfect for you! And hey, you can join both types of circles if you like!

Ready to deepen your connection and have some enriching conversations? We'd love to see you at a Chalice Circle!